

Submission guidelines

Thank you for your willingness to share your story on Do What You Love. Our lives are a series of stories, and it is often the sharing of these that inspires and encourages others to think differently, and take action.

This is **your** story, so you can tell it how you like – in words, as a poem, as song lyrics, in images or whatever works for you. All that I ask is that you communicate the answers to some of the following questions (although you don't need to do it in a Q&A style if you don't want to):

If you are already doing what you love:

- What does it mean to you to 'do what you love'?
- When did you realise this is what you wanted to do, and what prompted that realisation?
- How did you go about making that a reality for yourself?
- What changes or sacrifices have you had to make along the way to get there?
- With hindsight, what do you wish you had known back then?
- What is your big dream now?

If you aren't (yet) doing what you love but have an idea of what you want to do:

- What does it mean to you to 'do what you love'
- What is it that you want to do (however vague that might be at this point)?
- Why aren't you doing it? What challenges or obstacles are holding you back?
- Have you started to try and tackle any of them?
- What are you afraid of?
- If you could ask one thing of the universe to help you on your way, what would it be?

Here are the guidelines for submission of your story:

Text:

- Please submit no more than 500 words in a Word document. Please consider the style of the site when writing your story – imagine you are talking to a friend when telling it. Please be aware that it may be edited before publication
- Please include your full name, country, website/blog, Facebook/Twitter links and one sentence about yourself at the end of your article
- Please spell check your article before sending it in

Images:

- Please include a profile picture of yourself and 3-6 images illustrating your article (these could include your work, adventures, your home etc – anything relevant)
- Images must be in jpeg format, saved at 550 pixels wide and no more than 500kb in size
- Images should be sent as attachments on your email, not embedded in the Word document
- Please include any image credits in the image file name

Sending it in:

- As soon as you are ready with your story please email it to <u>beth@dowhatyouloveforlife.com</u> with 'Shared Stories Submission' in the subject title of your email. We will respond with confirmation of the date that your story will be posted.
- Do What You Love reserves the right to edit any content, or choose not to post any submission.

Subject to editorial approval, your story will be posted on the scheduled date on the Do What You Love blog. A link will also be shared on the Do What You Love Facebook page and on Twitter (@DoWhatYouLoveXx)

Thanks so much. I look forward to reading your story and sharing it with the world. I hope that together we can help inspire more people to do what they love, for life!

Beth (beth@dowhatyouloveforlife.com)