

LIFE IS WHAT YOU MAKE IT.

THE HAPPY LIST - SEPTEMBER 2014

Keep a list of what makes you happy this month. Find something to celebrate every day, and take a moment to be thankful for it.

	HAPPY ABOUT / GRATEFUL FOR	INSPIRED BY
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Γhe bes	t thing that happened in September was:	

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The be	st thing that happened in September was:	
It made	e me feel:	