

LIFE IS WHAT YOU MAKE IT.

It made me feel:

THE HAPPY LIST - NOVEMBER 2014

Keep a list of what makes you happy this month. Find something to celebrate every day, and take a moment to be thankful for it.

	HAPPY ABOUT / GRATEFUL FOR	INSPIRED BY
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
14		
15		
16		
17		
18		
19		
20		
21		
22		
23		
24		
25		
26		
27		
28		
29		
30		
Γhe bes	t thing that happened in November was:	